



Charlotte Wilson, Union



ALL-REGION GIRLS CROSS COUNTRY RUNNER OF THE YEAR



AMANDA COWAN/The Columbian

Rest of the 2023 All-Region girls cross country team



Danica Allen, Ridgefield

The junior won the 2A district title in her first season running cross country and placed 16th at 2A state meet.



Avery Garrison, Seton Catholic

The senior finished 14th at the 1A state meet, won three of her team's league meets and was seventh at district.



Eliisa Marshall, Camas

The junior placed 14th at the 4A state meet and was the 4A district runner up. She posted a personal-best time of 18:40.



Daphne Evenson, Skyview

The junior finished 15th at the 4A state meet. She was third at the 4A district meet and bi-district meet. Season best of 18:42.



Charlize Kellmer, Ridgefield

The senior placed 19th at the 2A state meet and third at the district meet. Posted a season-best time of 19:24.



Elle Thomas, Washougal

The senior was 14th at the 2A state meet. She was the district runner-up for a fourth year in a row, running a season-best 19:13.

