A PRODUCT OF THE COLUMBIAN'S ADVERTISING DEPARTMENT

Connecting Community GIVE BIG

The Columbian

Get that GIVING feeling WHEN YOU GIVE, GOOD THINGS HAPPEN

www.wagives.org

There's a good feeling we get when we show up for others, whether it's a family member, a neighbor, or a local nonprofit we care about. Science proves blood pressure and cortisol levels go down, and happy chemicals like serotonin and dopamine go up when we do something generous. And it's not just about goodfeels – volunteering or donating money to support nonprofit groups helps everyone in the community. From the Columbia River to the Cascades, the Puget Sound to the Palouse, great things happen for everyone when you give what you can.

Through the years, Give More 24! empowered nonprofits to raise over \$16 million and inspired donors to give more than 60,000 times. Having accomplished its goals with the event, the Community Foundation for Southwest Washington decided to combine efforts with GiveBIG in 2023. Matt Morton, president of the Vancouver-based grantmaking organization, attributes the incredible success of Give More 24! to the nonprofits involved.

"One of the reasons we started Give More 24! was to help nonprofits develop skills around online fundraising, and these organizations have excelled in that regard," Morton said. "Every bit of that experience, knowledge and momentum can be pressed into GiveBIG, so I'm excited to cheer them on in this next chapter."

In 2023, The Community Foundation of SW Washington transitioned 'Give More 24' over to 501 Commons and their Washington Gives platform and the 'GiveBIG' event.



GIVES BIGS POWERED BY SOI COMMONS 2023

GiveBIG is a statewide fundraising campaign where individuals and organizations come together across Washington to invest in communities. GiveBIG was started by the Seattle Foundation in 2011 for King County organizations. When they transferred the event to 501 Commons in 2018, the event grew to be statewide. Since its inception, nonprofits have raised over \$175 million. Washington Gives, is the year-round giving platform that hosts the GiveBIG and GivingTuesday campaigns.

This year, GiveBIG 2023 kicks off on April 18 and culminates in a 48-hour giving event on May 2-3.

"Why Give BIG? It's an opportunity to help nonprofits raise much needed, unrestricted funding for the organizations' most critical needs," said Nancy Long, Executive Director of 501 Commons. "Why now? During GiveBIG, nonprofits band together to create a statewide promotional campaign with our media

Continued on next page ▶

partners. Because of this campaign, 20% of GiveBIG donations are first time gifts. We are thrilled to see many of these relationships endure as donors return year after year."

501 Commons is a nonprofit organization that has served the Pacific Northwest and beyond for more than 30 years. In addition to sponsoring GiveBIG, they provide management and HR consulting; technology consulting (IT planning and database development); outsourced HR, accounting, IT infrastructure, and database management services; professional development and board training; and free advisory services.

"Our passion is to amplify the strengths of nonprofits—so ALL people and communities flourish," said Long. "Through the GiveBIG event and online platform people can discover what nonprofits are doing in their community. It good to reflect on all the ways nonprofits are improving all of our lives and give back what we can to support them. When we give, good things happen. And giving feels good."

Currently there are over 100 organizations across SW Washington registered to participate in this year's GiveBIG, as well as dozens more in the process of finalizing their registration.



This is your invitation to "Get that Giving Feeling."



Connecting Community

Current issue published April 30, 2023

Next edition: July 15, 2023
Deadline to be included June 30, 2023.
Contact
CommunityPartnerships@columbian.com
for additional information.





Read past sections you may have missed at columbian.com/special-sections/

Special Section Coordinators
Teresa Davis
Kristin Dorsett
Laurie Stover



We all win when everyone has a home.

Please donate to CFTH during **GiveBig May 2–3** and help end homelessness in our community.









Washington State PTA trains, serves, and supports local PTAs throughout Clark County. PTA serves the thousands of children, youth, and families in your neighborhoods. Please donate today and help us strengthen your communities. wastatepta.org/givebig





Will you join us?

Support for Early Learning & Families (SELF) is highlighting our partnership with Dolly Parton's Imagination Library which provides age-appropriate, high-quality books that are mailed each month to enrolled children, birth to age five, at no cost to families.

Impact children in our community by donating on May 2 - 3, here's how:

- 1. Go to wagives.org
- 2. Search Support for Early Learning & Families
- 3. View our Profile and Give
- 4. Share this information with others













A Home for Social Justice Film

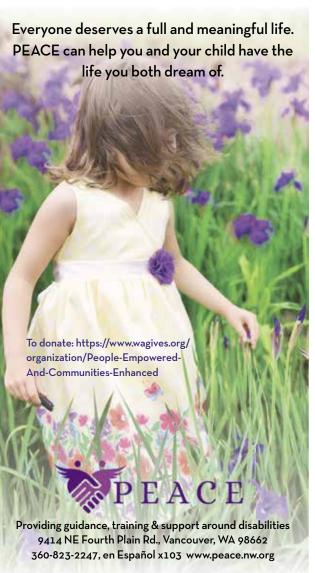
Festivals | Screenings | Workshops | Podcast | Support

The Social Justice Film Institute's mission is to encourage the appreciation of visual storytelling to address social justice issues. SJFI offers film screenings, workshops, panel discussions, and presentations on social justice efforts worldwide and the importance of supporting our diverse and inclusive communities. Pledge your support today and join our ever-growing Pacific Northwest community and national and international viewers and donors.

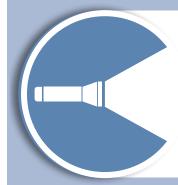
>>> Visit SocialJusticeFilmInstitute.org

GIVE COMMONS MAY 2-3















For information contact communitypartnerships@columbian.com

GIVE BIG. PLAY BIG. 202



MAY 2ND & 3RD

Give More 24! is now GiveBIG Washington

Donate to Boys & Girls Clubs of Southwest Washington during GiveBIG Washington this May 2-3, and help us reach our goal to further champion youth in our community! GiveBIG is a statewide fundraising campaign where individuals and organizations come together across Washington to invest in our communities and is taking the place of GiveMore24! this year. Your support provides the resources youth need on their path toward a great future.

Mission: To enable all young people, especially those who need us most, to realize their full potential as productive, caring and responsible citizens.



















Boys & Girls Clubs of Southwest Washington (BGCSW) was founded on and remains committed to providing a great Club Experience, meeting youth where they are, and understanding what they need to grow and succeed.

What does it mean to be part of BGCSW? It means being surrounded by friends and mentors. Sharpening skills and discovering new pursuits. Feeling heard and supported in every way, and knowing that there's a team of caring professionals in your court. Boys & Girls Clubs are not one of these things—they are all of these things, providing a safe space where kids and teens can spend time between school and home. In fact, this is something Boys & Girls Clubs of America (BGCA) has been excelling at for over a century; opening doors of opportunity and preparing young people for a great future. As the leading youth development organization, BGCA sees the possibility in every young person and is committed to being a voice for all youth in America-no matter where they come from.

BGCSW operates eight Club sites, a connected, vibrant network that far exceeds "a place to go after school." Today, a safe community, adult mentorship, and well-established innovative programs focusing on academic success, leadership and healthy lifestyles are the fabric of their programming. Each year BGCSW serves over 1,500 youth providing an array of social-emotional learning activities, enrichment programs, mental health support, recreation and time after school just having fun with peers. Though many members come from homes with limited resources, no youth is ever turned away for their inability to pay for fees.

Since the beginning, Boys & Girls Clubs of Southwest Washington has been dedicated to doing whatever it takes to build great futures for local youth, especially those who have the most barriers to success. Long established strategic partnerships with local school districts, local law enforcement agencies, the Children's Center, Clark County Food Bank, DSHS and Child Protective Services and local businesses create a collaborative partnership network to meet needs that reach beyond our Clubs and into the community.

Vancouver youth rely on Boys & Girls Clubs of Southwest Washington to provide a safe place with meals, mentors, and meaningful life experiences, giving them an opportunity to discover their great futures.

Donate today at mybgc.org to help make that vision a reality.



Provides Play Opportunities for Children and Families

xploratory play is the foundation for children's learning. Play supports intellectual, physical, emotional and social growth. Columbia Play Project provides exploratory play opportunities for children and families. Exploratory or "childled" play focuses on allowing children to follow their interests and design their own experiences. When children are allowed the time and space to play, they build synapses



Columbia Play Project's Bricks Creation Station is designed for free building to encourage ideation, planning, construction and evaluation.

in their brains that lay the architecture for future learning.

Children learn by doing so Columbia Play Project (CPP) provides a wide variety of hands-on toys that support learning. Following the STREAM theme (Science, Technology, Reading, Engineering, Art and Math), CPP finds ways to engage every age from 0-99 with fun ways to learn new concepts. CPP's Mobile Children's Museum is available for rental by any group or individual.

Last year CPP raised around \$250,000 to achieve their goals, which were a Mobile Children's Museum, and fabricating and purchasing a wide variety of toys and games. The Mobile Children's Museum allows CPP to create a children's museum



With Columbia Play Project's Builder Boards, children can build a 4' \times 4' house with a roof or other structures. This play encourages physical effort, ideation, design, and trial and error.



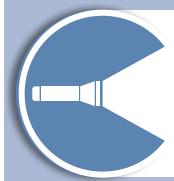
Columbia Play Project's Mobile Children's Museum provides a children's museum experience in local parks, parking lots, culde-sacs, as well as indoor locations. The moveable museum is appropriate for large or small groups.

in parks, parking lots, gyms, or other indoor settings. CPP hopes to raise \$500,000 in 2023 to hire full-time staff to lead and guide the organization and begin work on planning a full-scale museum.

In partnership with Boys and Girls Clubs of Southwest Washington, Columbia Play Project will host a free Pop Up Party — exploratory play for the whole family — on May 2 from 9:00-12:00 and again from 3:00 to 6:00 pm. This free and public event will be at the Gloria and Clinton John Clubhouse at 409 NE Anderson Rd. Vancouver.

See the events page at www.columbiaplayproject.org/events for more details.











For information contact communitypartnerships@columbian.com



Southwest Washington

GIVE POWERED BY MAY 2-3

Education Support Advocacy Awareness

Free support groups and educational courses for individuals and family members affected by mental health challenges. Be part of the change in your community today. Give what you can May 2nd-3rd at www.wagives.org/organization/Nami-Clark-County

"I had lost hope about keeping my family together until I started attending NAMI Southwest Washington" -**Family to Family Participant**



Contact us at (360) 695-2823 or www.namiswwa.org 2500 Main St. Suite 120 Vancouver, WA 98660, EIN: 91-1065027

NAMI Southwest Washington (6) NAMISWWA (in) NAMI Southwest Washington





Admitted to the hospital again:

I have been in a manic state for some time, experiencing delusions and psychosis. I'm 48 years old and have been cycling through the system for over 24 years. I was living in a 2005 Ford Taurus. I lost my job, my family, boyfriend and lost hope. I was tired. In the hospital, I attended groups, restarted my medications, and made progress in my recovery. After five days, the staff told me that I was ready to be discharged, but I first needed to attend one more group. I was not interested. My plan after leaving the hospital was to return to my car and take my life.

To my surprise, it was not the usual group meeting; it was a NAMI "In Our Own Voice" presentation. Two presenters shared their stories. One of the individuals revealed that she had a diagnosis that was similar to mine. She shared that she was married, had three children, worked a fulfilling job, attended college, and volunteered to go into the community and share her story of recovery. As they finished their presentations, I was in tears. The lady came over to me, handed me her card, and said that when I was discharged to give her a call, as she would like to talk to me.

That presentation was life-changing for me. For the first time since my diagnosis, I had hope. The next day I was discharged. Instead of taking my life, I made the choice to call the local NAMI affiliate. They gave me resources to connect with the local homeless provider and NAMI Connection support groups. The local affiliate gave me a safe place to be where I felt accepted. They allowed me to volunteer, even though I was still experiencing symptoms. After joining support groups, I was asked to train to become a facilitator. Shortly after, I was given the opportunity to become a NAMI "In Our Own Voice" presenter. I started using the Wellness Recovery Action Plan (WRAP), in which I learned skills that would assist me in managing my chronic health conditions.

Today, I live a life that far exceeds any delusion I ever had (and I had some pretty good ones). All these experiences have led me to where I am today; in my wellness journey, and I have learned the power of hope, shared experiences and peer support. ~Anonymous





Supporting all aspects of HBHS:

- Students and Staff
- Academics
- Activities
- Athletics

For more information visit www.hudsonsbayfoundation.org



Our model is unique, courageous and proven

Friends of the Children-SW WA is impacting generational change by empowering youth who are facing the greatest obstacles through relationships with professional mentors for 12+ years – no matter what. Our full-time, salaried mentors provide youth with the quality, consistency and commitment they need to thrive. Join us in supporting relationships that matter.

FR1ENDS of the CH1LDREN
SW Washington

click here To donate





RAISING FUNDS TO HELP SUPPORT HOSPICE AND PALLIATIVE CARE PATIENTS AND THEIR FAMILIES

Hospice care is provided to patients near the end of life who will no longer benefit from or have chosen to forego further treatment. The main goal of hospice care is to control pain and other symptoms of illness so patients can be as comfortable as possible. While hospice care focuses



Our Mission is to provide funds for the care of hospice and palliative care patients through established hospice organizations in southwest Washington.

We are continually evolving in our goal of providing needed funds for patients and their families, making a significant difference at a pivotal point in their lives. Whether providing monies for patient medication or special equipment, respite care for caregivers, bereavement counseling for children and adults, help with the care of patient's pets or charity care, Friends of Hospice touches the lives of many in our community.





Your donation will ensure we continue to fulfill our mission.



on a patient with advanced illness, the patient's family members and caregivers are also supported. Hospice care decreases the burden on family and prepares family members for their loved one's death.

The mission of Friends of Hospice Southwest Washington is to provide funds for the care of hospice and palliative care patients through established hospice organizations.

"Our vision is to bring awareness through education to community members about



Teens finding consolation at the end of bereavement camp.

hospice care and how it assists families during their dying process," said Pattie Miller, President. "Our fundraising events provide an avenue for members of our community to turn this awareness into passionate giving for hospice and palliative care."

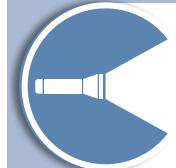
Pattie reports that the organization raised



Holding someone's hand, whether it be a loved one's hand or a complete stranger's hand, brings comfort and a little reassurance that suddenly the "unknown" doesn't feel so desolate and scary anymore.

\$167,000 last year that achieved many goals including continuing to provide funds for respite and charity care, grief counseling, comforting items not covered by insurance, the Pet Peace of Mind and the Heritage Project, support for projects benefiting caregivers, and assisting in the remodeling of the Ray Hickey Hospice House patient rooms.

For 2023, Friends of Hospice Southwest Washington hopes to exceed last year's goal and expand their focus to include more assistance for palliative care, which is a specialized care program meant to enhance a person's current care by focusing on quality of life for them and their family.









For information contact communitypartnerships@columbian.com













FREE CLINIC OF SOUTHWEST WASHINGTON

The Free Clinic of Southwest Washington provides free health care for uninsured community members in Clark County, Washington. For over 30 years, people entering our clinic have been receiving access to free, compassionate, quality health care and given the opportunity to live a healthy life. Obstacles keeping them from moving forward are addressed, helping them to rebuild and thrive. But it takes time. And no one can do this work alone.

Our work focuses on offering basic medical care, urgent dental care, medication assistance, immunizations, diabetes care and self-management. insurance and Medicaid navigation, and coordination of specialty care in the community. Our 300+ volunteer health care professionals provide virtually all services for close to 4,000 patients each year.

Funding for the Free Clinic of Southwest Washington is met through donations from bequests, businesses, foundations, individuals, and special events (like GiveBIG). We never charge our patients, and do not receive insurance or government reimbursement for our services. We are truly a locally funded organization whose dollars stay in the community.

Patients at the Free Clinic of Southwest Washington are assisted by many community partnerships with a common purpose. Forged over time, connections with area organizations have strengthened our mission to offer free, compassionate, quality health care for the uninsured in Clark County. We work with Kaiser, Legacy, PeaceHealth, Vancouver Clinic, Vancouver Public Schools and many more, strengthening the health care network within our community.

Having no health insurance and finding quality care can be a very big obstacle. The Free Clinic of Southwest Washington provides the uninsured with the care they need so they can move forward and build stable futures for themselves and their families. You can help by supporting our organization during GiveBIG. Together we can help provide health care for the uninsured in Clark County and give them the tools they need to live a healthy life.

www.wagives.org/organizations/ Free-Clinic-Of-Southwest-Washington

www.freeclinics.org

360-450-3044

hope. help. Healing.

CHANGING LIVES FOR THE BETTER



Lifeline Connections provides lifesaving services for people affected by substance use and mental health conditions.

Lifeline Connections has been a community-based behavioral health organization since 1962, specializing in comprehensive lifesaving behavioral healthcare services for people affected by substance use and mental health conditions. Treatment is provided at no cost to low-income patients.

Supporters helped raise nearly \$15,000 in individual donations last year. The efforts helped support Camp Mariposa®, a year-round activity for children impacted by the substance use of a loved one. Lifeline Connections has also launched a new Healing Animal Partners program which provides evidence-based animal-assisted therapy to those who may not respond to the traditional kinds of treatment.

"Our services change lives for the better for the individual, family members, and the

Continued on next page ▶



L-R: Chris Attaway, Food Services Supervisor, Andrea Brooks, President & CEO, Marie Marshall, Residential Aid, Jennifer Logan, VP of Residential Services, Wendy Nowik, Substance Use Disorder Professional.



Liam Haff, Residential Aid - Bellingham.

community," said Andrea Brook, LCSW, President & CEO. "Our goal is to exceed last year's total by at least 10%, but more importantly, to spread awareness and passion about helping individuals and

families with behavioral health conditions. With GiveBIG funds, we'll be able to serve many more individuals who may otherwise go without lifesaving treatment and services."



Marie Cooper, Data Coordinator, Miranda Chartrand, MA/Clinic Supervisor and Jennifer Maravilla, Case Manager.



Marie Cooper, Data Coordinator, Miranda Chartrand, MA/Clinic Supervisor.



Reinhardt Ryden, Substance Use Disorder Trainee Apprentice, Patti Burback, Peer Support Supervisor.

Invest in Your Community



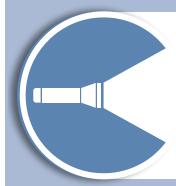
With your support, our comprehensive, integrated behavioral healthcare team will continue to offer scholarships to community members seeking evidence-based substance use and mental health treatment. Thank you!

Animal-Assisted Therapy Crisis Services Deaf & Hard of Hearing Employment Housing **Mental Health Pregnant & Parenting Recovery Services Substance Use Veterans Youth Treatment**

Services Provided





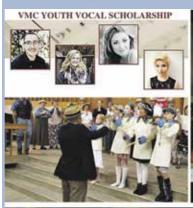








For information contact communitypartnerships@columbian.com









Vancouver Master Chorale will celebrate its 75th anniversary in the 2023-24 season. Donate to us during GiveBIG 2023 and together we enrich SW Washington through choral music from master work to a wide variety of genres.



Scan to Donate





Mozart's Requiem & Regina Coeli Mollicone's All God's Children

Whitacre's Five Hebrew Love Songs

Saturday, May 6, 2023 7:00 pm Sunday, May 7, 2023 3:00 pm First Presbyterian Church 4300 Main St. Vancouver WA www.VancouverMasterChorale.org

Vancouver Master Chorale Enriching SW Washington Residents Through Music for the Past 74 Years

Music is for the soul! Vancouver Master Chorale (VMC) brings joy, delight and harmony to its audiences and singers alike through outstanding performances and full orchestral accompaniment.

Thank you to our audiences who fill the concert venues, volunteers who help us during the concerts and donors who support us to hire our orchestra. We are also grateful for receiving grants this year which will help us plan for future concerts, including hiring full orchestras. Still, we ask for your continuing support.

In May 2024, we will celebrate our 75th year as a choir in this community and are planning a major concert at Skyview High School in Vancouver presenting Beethoven's 9th Symphony. We will be joined by the Skyview High School Choir, under the direction of Philip Denton.

Led by music director Jana Hart since 2009, Vancouver Master Chorale is comprised of more than 90 outstanding singers from around SW Washington and Portland.

This May 2023 we will be presenting A Glimpse of Heaven, featuring Mozart's gorgeous Regina Coeli and Requiem, as well as music by Whitacre and Mollicone. During the 2023-2024 season we will present A Christmas Carol in December 2023, a Musical Cabaret in February 2024 and then our 75th Anniversary celebration of Beethoven's 9th Symphony at Skyview High School in May 2024.

In the spring of 2022, Skyview High School choirs joined us for the hauntingly beautiful Requiem by Faure and the national anthem of Ukraine. In the fall of 2022 Vancouver Master Chorale presented the American premiere of Canadian composer Andrew Downing's original score for the 1925 silent horror film "Phantom of the Opera" starring Lon Chaney.

In addition to providing quality performances, VMC offers a prestigious scholarship program for high school vocal students, with the winner being awarded \$1,500 and an opportunity to perform at a VMC concert.

We appreciate your past support! Here are ways to support VMC, the largest choir in SW Washington, to help us continue our mission of bringing vocal and orchestral music to audiences of all ages.

- Purchase VMC season tickets for yourself and as a gift
- Donate to Vancouver Master Chorale during this year's Give Big 23 Campaign
- Tell your friends about VMC's concerts and our youth scholarship program

More info: www.VancouverMasterChorale.org



Imagine...

a place to come together to protect wildlife and educate future stewards of our wild places.



www.RidgefieldFriends.org



mission is to provide a welcoming and safe environment with the goal of assisting Veterans and their families in obtaining benefits, services and resources to meet their basic needs. **CCVAC** strives to support the reintegration of Male and Female Military Veterans into the Community.

> **CCVAC ASKS YOU TO CONSIDER** 'GIVING BIG' ON MAY 2-3, 2023.

www.wagives.org/organization/ Clark-County-Veterans-Assistance-Center

U.S. VETERA



access to healthcare for someone in need.







SUPPORT COLLEGE SCHOLARSHIPS

Drive value with your donation!

Support college scholarships for single moms, women raised by a single parent, or women on their own.



Woman of Wonder, a 501(c)(3), opens access to higher education to women of Washington State through college scholarships.

We believe in higher education as a path to stabilize families and improve our economy as we boost women into fulfilling careers.

Donations are tax-deductible. GiveBIG!

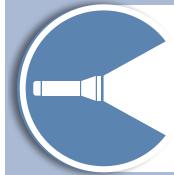
Woman of Wonder, Inc.

4300 MAIN ST STUDIO B, VANCOUVER, WA 98663

WomanofWonder.org

EIN 83-0598189











For information contact communitypartnerships@columbian.com

Washington Gives
BLIND
ATHLETES May 2-3, 2023
ww.nwaba.org/givebig

Northwest Association for Blind Athletes

Founded in 2007, Northwest Association for Blind Athletes (NWABA) has been providing life-changing opportunities through sports and physical activity to children, youth and adults who are blind and visually impaired. Fifteen years ago, a group of visually impaired students, including NWABA Founder, President & CEO, Billy Henry, wanted to ensure that people who are blind and visually impaired had access to participate in sports and physical activity, and formed this charitable organization. Since then, not only has the organization grown but our athletes have grown with us; learning to engage in different sports and recreational activities, develop friendships, increase self-esteem, and improve their orientation and mobility skills. Most importantly, they thrive in all aspects of their lives by building confidence, making connections, and become part of a community.

Being blind or visually impaired creates obstacles that can feel impossible to overcome, such as finding sustainable employment, participating in sports and activities, and connecting with others. When introduced to physical activity and sports, individuals with visual impairments are given the support and confidence needed to follow their dreams.

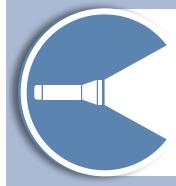
In addition to the sports outreach programs offered year-round, NWABA also offers several other opportunities for children, youth and adults who are blind and visually impaired throughout Washington.

Camp Spark is a comprehensive overnight sports camp for individuals ages 8 - 21. Camp sessions are offered in the summer and winter seasons providing not only athletic opportunities, but campers also gain the skills and resources needed to help them achieve success in all areas of life.

NWABA's programs and services also provide access for all individuals who are blind and visually impaired at home and in schools, such as a video resource library that provides adaptive sports training to educators, athletes and their families; a free equipment lending library that includes audio-enabled and tactile sports equipment, so participants can continue to practice and engage in physical activity; and online workouts available Monday-Friday with recorded sessions available, expanding access to all.

Due to statewide funding reductions, it is even more important to support our athletes by participating in Give Big Washington. Any amount makes a difference and thanks to a generous matching donation, your gift will be DOUBLED during Give Big Washington!

Visit www.nwaba.org/givebig on May 2-3 to donate.









For information contact communitypartnerships@columbian.com













North County Community Food Bank provides healthy food choices, educational programming, and a network of wrap-around services to neighbors in need. The organization's mission is to create a community where no one goes hungry. Yet the NCCFoodBank continues to see a dramatic increase in the level of need in today's economic climate. Now serving over 850 households per month, with an additional 2 - 8 new enrollments each week, the food bank's mission seems to be a more daunting one to achieve.

In today's economic climate, with increasing food shortages, production, distribution, and transportation barriers, as well as staffing issues and rising operating costs, the food bank feels many of the same struggles local businesses and families are experiencing, while faced with this growing demand.

Your help during GiveBigWA goes a long way to assist area seniors, veterans, the homeless, and children to have one less fear. Please donate today and help the organization leverage the generous matching fund contributions the food bank has received from local businesses, private donors, and social service organizations who are standing strong in the fight against hunger.

Please join forces to win this war against hunger and help the NCCFoodBank reach its 2023 goal of raising \$100,000 to feed area neighbors in need.

https://www.wagives.org/organization/NCCFoodBank /donation-form









COMMUNITY FUNDED JOURNALISM







You can invest in our community

The Columbian's Community Funded Journalism Program is designed to raise awareness for important issues in Clark County, including homelessness, transportation, climate change, and the environment.

For more information about our program: www.columbian.com/cfj

Give Today and Support Local Journalism



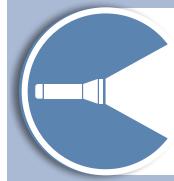


The Columbian

In partnership with



Donations to LMF for this program are tax deductible to the extent of the law. Please consult a tax advisor for details. No goods or services are provided in exchange for donations. This program is administered by Local Media Foundation, tax ID #36-4427750, a Section 501(c)(3) charitable trust affiliated with Local Media Association."









For information contact communitypartnerships@columbian.com



Southwest Washington is home to lush forests, mighty rivers, abundant wildlife, and iconic mountain peaks, but the landscapes we treasure are facing dire threats from unsustainable development and a warming climate. That is why the Cascade Forest Conservancy's work is more important than ever.

The Cascade Forest Conservancy (CFC) is a Vancouver-based nonprofit organization that protects and restores forests, rivers, wildlife, and communities in the heart of the Cascades through conservation, education, and advocacy.

SPEAKING OUT FOR FORESTS

Since 1985, CFC has protected thousands of acres of forests and miles of rivers throughout the Gifford Pinchot National Forests and the surrounding region. They continue to act as protectors of mature, oldgrowth, and streamside forests by engaging in timber sale negotiations and by participating in the two forest collaboratives they co-founded, which guide land management decisions by finding common ground among conservationists, government agencies, Tribes, the timber industry, and rural community leaders.

BUILDING CLIMATE RESILIENCE

To ensure that life in the southern Washington Cascades thrives in an uncertain future, CFC is building climate resilient ecosystems. They are bringing beavers back to the forests to fight floods and droughts, and create important habitats for fish, birds, insects, and amphibians. They work to restore streams for salmon, combat the spread of invasive species, help forests recover from wildfires, monitor threatened wildlife species, and more! With the help of volunteers, partners, and supporters, CFC is making a difference that will benefit our region for generations to come.

INSPIRING COMMUNITIES

Cascade Forest Conservancy was founded by a group of volunteers who took it upon themselves to organize for the protection of forests in southwest Washington. Today, grassroots community action is still CFC's greatest strength in the fight to safeguard places we love. CFC empowers communities to take action against threats to our region. They founded the Green River Valley Alliance to protect areas bordering Mount St. Helens from the threat of open-pit mining. They help supporters use their voices to make a difference in environmental policy decisions impacting our region, and every year, they bring hundreds of volunteers into the field to learn about and make a difference for ecosystems across the forest.

All of this work is possible because of people like you. On this Give Big Day, give a gift to future generations by supporting Cascade Forest Conservancy.

Learn more and get involved at www.cascadeforest.org





A LONG HISTORY OF FEEDING FAMILIES

An Impactful Future of Combatting Hunger



FISH of Vancouver started more than 50 years ago when the urgent need for food and community spirit came together. Once operated from a garage, then a rented church space, and staffed entirely by volunteers, FISH now has a full-time staff of four, hundreds of volunteers and serves thousands of individuals each year from their own large food pantry and warehouse at 906 Harney Street in downtown Vancouver.

FISH of Vancouver has that GIVING feeling!



We're taking part in GiveBIG (formerly Give More 24!)
May 2 - 3. Make a difference by supporting FISH of Vancouver and our mission to end hunger in Clark County.

Here's what you do:

Visit our profile on WA Gives: wagives.org/organization/Fish-Of-Vancouver and donate today!





"We are a food pantry supplying more than 125 families (400 people fed) each day with nutritious food to help them make ends meet, as well as 75 people living outside," said James Fitzgerald, Executive Director. "We are so thankful for all the community's support. We can't do it without them."

Last year FISH raised more than \$100,000 to achieve their goal. Fitzgerald reports that last year's fundraising efforts achieved the goal of keeping up with rising demand since their client base has doubled.

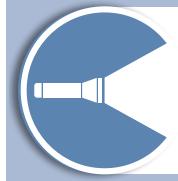
For 2023, FISH hopes to raise enough funds to continue keeping up with client demand, expanding Mobile Food Pantry services, and fund the fuel for a new truck that will allow them to pick up more donations.



Some of the dedicated volunteers who make it happen.



Long lines are a typical occurrence each morning at FISH.









For information contact communitypartnerships@columbian.com

Get that GIVING feeling



Donate to Columbia River Mental Health Services during GiveBig on May 2nd and 3rd, and help provide mental health and recovery resources to those in our community. Your gift will change lives!





Scan to donate today

Columbia River Mental Health Services' NorthStar Clinic is Changing Lives

Clark County is amid a fentanyl and methamphetamine epidemic that has escalated since 2020, with overdose death rates climbing by almost 100% in our area. We see the consequences in local media stories detailing tragic overdose deaths on our streets. It's Columbia River's job to provide the proper services and care that lead to recovery transformation, but we need vour help!

Joann started using prescribed opioids two years ago after she injured her back in a car accident. She quickly developed a dependency and began buying prescription opioids illegally. Joann started to lose relationships with family and friends as her condition worsened. She felt herself losing control over her life. She didn't think anything could stop her opioid use.

One night, Joann was browsing social media and saw a post one of her friends shared. It was for Columbia River Mental Health's NorthStar opiate treatment clinic. The next day, she attended a walk-in appointment and received a same-day medication prescription to address her opioid use. Thus began her journey to recovery. A year later, Joann is still in recovery and has regained control over her life.

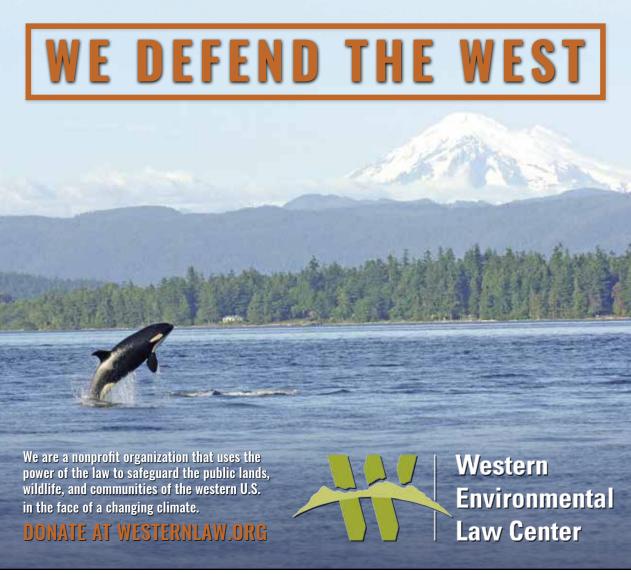
NorthStar is leading the way to bring solutions to our community's problems. Operating Southwest Washington's

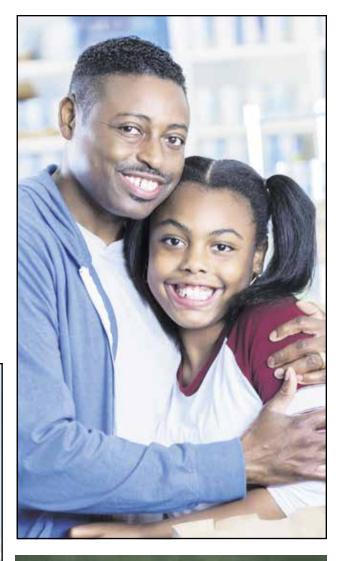
largest opiate treatment program at the NorthStar Clinic, CRMHS provides treatment to over 600 individuals currently or in the past struggling with opioid addiction. We've consequently doubled the patient census since 2019.

Despite multiple smaller remodeling efforts, our clinic is busting at the seams and struggling to provide adequate space to meet public demand for opioid addiction treatment. Soon, our NorthStar will move to a newly remodeled 8000-square-foot space dedicated to treating opioid use. This space will include state-of-the-art technology to serve clients, improved patient privacy, and more treatment room space to serve client needs. We're very excited to bring opioid addiction treatment in Clark County into the 21st Century and beyond. We couldn't have made this happen without constant community support!

With our new clinic, Columbia River will be able to continue helping people like Joann on their path to recovery. Donate to Columbia River Mental Health Services during GiveBig on May 2nd and 3rd, and support someone experiencing a mental health or opioid use crisis. Your donation brings solutions to our community!







When you support education, you're supporting the future of our world.













Donate to Bridgeview's Empowering Education program and help students from low-income families realize their incredible potential. wagives.org/organization/Bridgeview-Center



SUPPORT SERVICES AND FRIENDSHIP

for Local Seniors Living Alone

he mission of Villages Clark County is to help seniors (and others with disability) manage their own independence while remaining in the home they love. Volunteers provide help with the little things that make all the difference for a person with limited resources to postpone



Volunteer taking one of our Villages clients on an outing.

relocation to a senior care facility by helping with services beyond the 'activities of daily living'.

"Many seniors in our community do not have family living close, and their network of friends and neighbors is diminishing," said John Chapman, Membership & Volunteer Coordinator. "We provide transportation to our members for medical and personal errands as well as occasional and routine assistance that a friend or neighbor or family member would otherwise provide. We offer social activities, so our members always know they belong to a community of friends and acquaintances who care."

Chapman reports that the organization raised \$775 in donations from several sources last year. These donations provided limited support to low-income members and helped to offset the cost of a quality conference microphone and camera to better connect with members and volunteers who can't attend in person.

For 2023, John says their fundraising goal is to raise \$5,000 that will be used to continue services to low-income members as well as increase marketing and outreach budget allocation, fund public speakers for

educational programs, and help cover the costs of venues, advertising, and promotional materials. "Our efforts will increase the visibility of 'the national Village movement', a proven approach to aging for those in Clark County and state-wide," he said.





The Columbian COMMUNITY Partnerships

Columbian Community Partnerships has worked with hundreds of local area nonprofits to help them meet their goals over the past 30 years. Through our Local Public Service Announcements, Community Partnerships matching funds program, Nonprofit Spotlight promotions and offering specially priced advertising options to our GiveBIG participants we are able to share our Columbian audience and help nonprofits get their message out.

We are proud to support southwest Washington nonprofits and our neighbors by encouraging our community to get involved and give generously of time, talent and resources to nonprofits of all varieties across our area.

If you'd like more information on how Columbian Community Partnerships can help your nonprofit organization imagine the future, contact **Teresa Davis** at **CommunityPartnerships@columbian.com** or **360-735-4572**.